

Dear Members

Well, it's official : having put our clocks forward by one hour yesterday, we are now into Summer Time and can look forward to enjoying the long, light evenings to come – most welcome after the winter months. With lots of activities to look forward to, not only within BAM but throughout the Principality, our collective hearts and spirits can rise with the warmer temperatures as we dig out our summer clothes and sports gear and our dieting plans resurface at the thought of having to reveal our beach-ready bodies, perhaps less attractive than we might like after having been so conveniently muffled up in our winter woollies for so long!

Culturally-speaking, April is as eventful as always, beginning with a return visit to St. Paul's Church on Saturday 6 April by the Ristretto Ensemble, this time to perform works from the Baroque period; you will find further details in the newsletter below. The Printemps des Arts Festival continues until 14 April, featuring music from Schubert to Stockhausen, by way of Liszt, Brahms and Stravinsky, so there is something for everyone. Full details from the Festival Bureau at the Théâtre Princesse Grace.

Meanwhile, the Oceanographic Museum has unveiled a new interactive exhibition which is well worth a visit, particularly if you have children to entertain – they will quickly lose themselves in this enchanting world of the sea and its creatures. The Galerie Entrepôt in Rue du Millo features a new abstract sculpture exhibition of works by Sergia Avveduti and T-yong Chung, entitled "Fragile."

In sport, the Monaco football team has managed to move nine points away from League 1's relegation spot, following a recent nail-biting 90<sup>th</sup> minute goal from Carlos Vinicius against Lille in an away match. Whilst rumours abound that "special one," José Mourinho is considering an offer to become Monaco's new manager, we can only cross our fingers and wait to see whether this materialises.

With Easter falling very late this year, you will have noticed that work has already begun on installation work for the Grand Prix; although the races do not begin until 23 May, a good six weeks are necessary for all the work to be completed so the annual coming and going of trucks bearing seemingly endless metalwork is well under way as the multi-dimensional jigsaw of assembly rises from the ground. How on earth do they remember what goes where, I wonder - surely a masterpiece of planning and engineering.

Finally, I look forward to seeing as many of you as possible at our Annual General Meeting on 2 April. BAM is your Association and we can only grow and thrive with your input so please make every effort to attend as we put forward our plans for the coming year.

John Luigi Megginson  
President

## **ANNUAL GENERAL MEETING 2019**

This year's Annual General Meeting will be held at 6.30pm on Tuesday 2 April at the Maison des Associations (Casa d'I Soci)

2bis Promenade Honoré II, Monaco.

Full details, Agenda and Proxy Forms have been sent out to all members.

**PLEASE NOTE THAT YOU MAY ONLY ATTEND AND VOTE IF YOUR 2019 SUBSCRIPTION IS FULLY PAID AND UP TO DATE.**

Membership is €50 for singles and €80 for couples. Download your membership form [HERE \(PDF\)](#)

## **OBITUARY**

It is with great sadness that we announce the death of longtime Monaco resident John Sands, who died on 25 March in the Centre Rainier III at the age of 93. A former member of the Royal Air Force, John was a great lover of ice skating and vintage cars and had a wide circle of friends in and around the Principality.

His funeral will be held at 11am on Monday April 1 at the Athanée of Monaco.

Buses 3 and 5 stop at the Athanée.

## **PAST EVENTS**

### **LUNCH at the LYCÉE TECHNIQUE et HOTELIER de MONACO**

As usual, the March lunch was fully booked and we have had to ask for our monthly allowance to be increased from six places to eight. This will at least give two more members the opportunity to sample the work of the excellent students of the LTHM each month.

### **INTERNATIONAL WOMEN'S DAY – FRIDAY 8 MARCH**

The newly refurbished "il Tavolo" Restaurant of the Columbus Hôtel was the setting for eighteen BAM ladies with healthy appetites to sample the Restaurant's Friday Fish & Chips menu in celebration of International Women's Day. A gloriously sunny - although somewhat windy - day meant that we were able to sit outside on the spacious terrace and make a start on our suntans whilst indulging in the aforementioned traditional British delicacy, accompanied, to our surprise and delight, by the most authentic "mushy peas!" To cap it all, a complimentary glass of Prosecco was provided for us to toast our special day. Definitely to be repeated next year!



As mentioned in last month's newsletter, the Columbus is kindly offering BAM members a 10% discount in the Restaurant and Bar, as well as a half price Thursday Happy Hour.

### **THURSDAY COCKTAILS – 14 March**

Following on from our lunch described above, we returned to the Columbus Hôtel, this time to the Lounge Bar, for our Thursday cocktails on 14 March, where we found a warm welcome and drinks at extremely reasonable prices. It seems that, geographically speaking, this venue is both popular and convenient so we shall be using it again in the near future, particularly whilst the Novotel and Casa del Caffè are still undergoing renovation work and it is not yet really warm enough to sit outside in the evenings. As always, we welcome your suggestions as to venues for our fortnightly get-togethers so please do not hesitate to let us know.

## **THURSDAY COCKTAILS – 28 March**

Since the strong winds we had been experiencing for several days showed no signs of letting up, we were glad to gain the shelter of the snugly enclosed terrace at Flashman's and to bask in the very welcome warmth of the heating whilst looking out at the poor trees being lashed mercilessly. Whilst the atmosphere can best be described as "lively" and the waitress "brisk," we were very well looked after on this, our first visit, at which we also welcomed a couple of new members as well as renewing some old acquaintances whom we had not seen for several years.

## **FUTURE EVENTS**

### **THURSDAY COCKTAILS - 6pm-8pm**

**11 April – Hôtel Novotel** - 16 bd Princess Charlotte (Buses 2, 4, 5)

**25 April – L'Oliveraie** – Place des Moulins (Buses 1, 4)

### **JAZZ NITE WITH JILLY JACKSON & HER TRIO – THURSDAY 2 May – Stars 'n' Bars**

Many of you will remember the great evening we spent with Jilly Jackson and her trio some years ago. Jilly has kindly agreed to host another evening for us, this time over dinner at Stars 'n' Bars, where she will not only sing from her wide ranging repertoire but also tell us something of the history of jazz. Price of €65 for members and €70 for non-members includes a welcome drink and three course dinner but not drinks. For full details and booking form please click [HERE \(booking form PDF\)](#).

### **LUNCH at the LYCÉE TECHNIQUE et HOTELIER de MONACO**

As mentioned above, these monthly lunches have proved so popular that the lunch on 26 April is already fully booked. The next lunch will be on 10 May.

For further information and reservations please contact Yvonne Bernhardt on 06 60 21 63 99 or email her at [bernhope@libello.com](mailto:bernhope@libello.com).

### **SAVE THE DATE : QUEEN'S BIRTHDAY COCKTAIL – TUESDAY 18 JUNE - YCM**

We are delighted to announce a new venue in which to hold our celebration of the official birthday of H.M. Queen Elizabeth II this year, namely the luxurious surroundings of the Yacht Club of Monaco, with its spectacular view of the Port Hercule. As in previous years, entrance will be by prepaid ticket only. Full details and booking form will be available with the May newsletter but please be sure to mark the date in your diary.

## **OTHER NEWS**

*Sauvez le  des femmes*



**LADIES in RED**



**LADIES in RED**

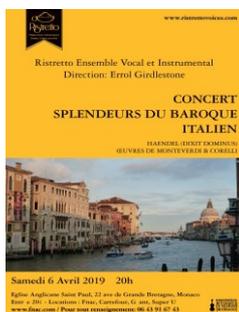


**LADIES in RED**



**Thursday 4 April is Women's Heart Awareness Day – you may not know that cardiovascular illnesses kill more women than all cancers put together – please help raise awareness by wearing Red on that day.**

### **BAROQUE CHORAL MUSIC – St Paul's Church – Saturday 6 April 8pm**



A wonderful opportunity, not to be missed, to hear the Ristretto Ensemble, conducted by Errol Girdlestone, perform Baroque masterpieces by Handel, Monteverdi and Corelli.

Many of you will already know of this excellent Ensemble, which has become famous in recent years for its annual performances of Handel's "Messiah" at St. Paul's Church and elsewhere, and which now treats us to several major works of the Baroque period, amongst them another of Handel's great choral compositions, the "Dixit Dominus."

Tickets are a very reasonable €20 and can be obtained from FNAC and Carrefour.

For further information please ring 06 43 91 67 43

## Want to tone up your body for Spring and Summer?

Lisa Parker is a qualified and certified fitness coach with more than twenty years' experience working at exclusive health clubs in London, the South of France and Monaco. What she has noticed over the years, however, is that most fitness groups are quite advanced and tend to offer high impact or weight training sessions not suitable for everyone.

Former dancer Lisa is proposing to offer a 45-minute class for those who are totally new to fitness training, are perhaps recovering from an injury or who just wish to take things at a more relaxed pace and would like to have the opportunity to "move, smile and get together with friends." Liza's classes are gentle, with "fun" music and believes firmly that exercise should be enjoyable, whatever your age or capabilities.

If you are interested in trying Liza's "softly, softly" approach, why not go to her FREE trial class at 10.15am on Wednesday 10 April? Her studio, Monaco Broadcasting, is right next door to Stars 'n' Bars.

**BAM members will receive a discount on a course of 4 classes.**

For further details contact Lisa at [lisajazzmin@gmail.com](mailto:lisajazzmin@gmail.com).



## ROLEX MONTE-CARLO TENNIS MASTERS - 13-21 April – Monte-Carlo Country Club

An exceptional player field of 45 has been announced for this year's Rolex Monte-Carlo Masters; sadly, Roger Federer fans will be disappointed but Novak Djokovic, Rafael Nadal, Alexander Zverev and Stefanos Tsitsipas will all be fighting it out on the clay courts of the Monte-Carlo Country Club.

Other players who have confirmed their participation include Dominic Thiem, Kei Nishikori, Kevin Anderson and top flight French players Gaël Monfils, Lucas Pouille and Jo-Wilfred Tsonga, not forgetting the young and upcoming generation of players to watch, amongst them Stefanos Tsitsipas and Karen Khachanov. In all, 25 of the top 30 world players will be in Monte-Carlo this year.

**And finally :** Don't forget the English Library, open every Saturday morning from 10.30am-noon in St. Paul's Church Hall, avenue de Grande-Bretagne. A constant supply of new reading, books for sale and a friendly chat are all on offer. The newly installed lift is now working, making access easier.

## **BAM PATRONS**

We thank our Patrons for their continued support of BAM's work within the Principality.

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	<b>Vivienne Taylor</b> - Administrator

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To provide a focus for British and Commonwealth citizens residing in Monaco and surrounding areas to meet socially, represent their views in the Principality and to provide a welfare service for those in need.